

Special Edition: Online Awareness

Childhood 2.0

Our school counselor, Rebekah Anderson, recently shared with Canyon Grove administration a documentary that was very hard to watch, but important information for all parents. “Childhood 2.0 is required viewing for anyone who wants to better understand the world their children are navigating as they grow up in the digital age. Featuring actual parents and kids as well as industry-leading experts in child safety and development, this documentary dives into the real-life issues facing kids today — including cyberbullying, online predators, boredom, depression, suicidal thoughts, and more.”

The documentary video called *Childhood 2.0* is NOT for children to watch. It is very informative about what digital dangers and pressures even younger children face today. Be prepared. It is a 90 minute documentary that hurt my heart to watch, but as a mother to 10 children and starting on the grandmother phase, I was extremely grateful that I watched it. I have always believed that a combination of knowledge and inspired action is powerful.

Our counselor warned us ‘that this type of film can cause us to jump into fear. Living in fear doesn’t help us or our children. **Rather than letting fear paralyze us, let’s allow fear to move us into inspired action.** This is an important opportunity for awareness regarding challenges that children are facing today in this digital world. From this place of inspired action, we can make informed decisions that align with our family values, gather resources, take steps to arm our children and ourselves, and use these to navigate the world we find ourselves in today.’

On the next two pages of this Special Edition newsletter, we began putting together some steps and resources to help us all be proactive in protecting our children. I would like to invite you to help us with this process. Together, we can work to keep our children safe. Please email me at rebecca.harrison@canyongrove.com if you would like to respond to this special edition, including any other resources, products, or habits that you use in your home to keep your children digitally safe. We will use your contributions to create a resource guide to share with all of our Canyon Grove parents. Thank you for your help with this! And thank you for having the courage to parent well in today’s world!

[LINK TO CHILDHOOD 2.0 DOCUMENTARY VIDEO](#)

Resources

Protect Young Eyes has a comprehensive list of App Reviews For Most Popular Social Media, Video, Photo, Lifestyle, and Gaming Apps. [LINK](#)

Music When we consider all the voices that are vying for our attention, **music** can be a powerful influence.” Protect Young Eyes provides a comprehensive review of music streaming services. [LINK](#)

Protect Young eyes also has a **webinar series** to help guide you in protecting your children. [LINK](#)

Age Appropriate Lesson Plans Common Sense Media has put together lesson plans for each grade level. Even without an account, you can access a short video for each grade level with simple, easy-to-remember rules. [LINK](#)

Privacy Information for Minors [LINK](#) Who has their information and what can you do about it?

How to Block Porn on Any Device For Free

“Anyone who has spent any time searching for anything on the unfiltered Internet knows that explicit content is often just a few accidental clicks away. It’s for this reason that caring adults need to have a basic understanding of how the domain name system works. Through this understanding, parents can block most pornography.” [LINK](#)

The Best Parental Software

“There are so many parental control software solutions on the market today, making it difficult for caring adults to pick the right one.” Protect Young Eyes spent two weeks and over 40 hours testing 14 parental control software solutions. “We’re confident you won’t find a more comprehensive and caring analysis than what we’ve done. And for the spreadsheet lovers out there, you’ll find our “Testing Details” section...with screenshots for future reference.”

[2020 Best Wifi Routers and Parental Controls](#)

Best Wifi Routers

“Most parents freeze up when you ask them about their WiFi router. “Is that the same as a modem?” “Haven’t touched it since my internet provider gave us one last year.” “It’s behind the couch somewhere.” In the age of COVID-19, your router is the social distancing champion. No one goes near it! Protect Young Eyes performed testing on four popular WiFi router solutions: Circle, Gryphon, Google WiFi, and Eero. We poked around like a curious teen. Spoke with their customer service. Loaded them up with 9+ devices and tried to use them just like you do.” [LINK](#)

MORE RESOURCES

1. Resources
 - a. We didn’t want to share a documentary like Childhood 2.0 without providing resources to help you navigate your digital journey with your children. There are so many communities and resources available that offer education, support and resources. Here are a few!
 - b. Protect Young Eyes Website & App
 - i. [Protect Young Eyes: Internet Safety for Families, Schools, and Churches](#)
 - ii. [The Protect App: Quick Tips from Protect Young Eyes](#)
 - iii. Free Webinars
 1. [The Tech Ready Parent Webinar Series | Protect Young Eyes](#)
 - iv. Outline for Digital Trust Playbook [LINK](#)
 - c. Protect Young Minds
 - i. [Protect Young Minds | Kids Can Learn to Reject Pornography](#)
 - d. Gabb Wireless
 - i. [Safe Cell Phone Network for Kids | Gabb Wireless](#)
 - e. I Can Help
 - f. [Kids and Mobile Phones Article](#)
 - i. [#ICANHELP](#)
 - g. Yoga Mental Health Resources...How to Communicate & Connect with Your Kids. [LINK](#)

