


Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 Breakfast</b> Muffins or Goody Ring Yogurt, fruit, <b>Lunch</b> Meatball Sub Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Chips & Salsa	<b>2 Breakfast</b> Cold Cereal, Fruit, Juice & Milk <b>Lunch</b> Nacho Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Chips & Salsa	<b>3 Breakfast</b> Bagel w/ cream Cheese <b>Lunch</b> Tuna Salad or Egg Salad Pita Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Fruit & Cheese Stick	<b>4 Breakfast</b> French Toast or Waffle, Fruit, Juice & <b>Lunch</b> Asian Chicken Bowl w/ Egg Roll & Edamame Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Parfait	<b>5 Breakfast</b> Scrambled or HB Eggs w/ Toast, <b>Lunch</b> Corn Dog w/ Tator Tots Served with Fruits and Veggies Choice of Milk
<b>8 Breakfast</b> Fruit Pie or Dutch waffle, Fruit, Juice & <b>Lunch</b> Amazing Wings w/ Carrots & Celery Served with Fruits and Veggies Choice of Milk	<b>9 Breakfast</b> Cold Cereal, Fruit, Juice & Milk <b>Lunch</b> Bacon Cheese Burgers w/ Baked Beans & Coleslaw Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Parfait	<b>10 Breakfast</b> Cinnamon Roll or B. Bread, Fruit, Juice <b>Lunch</b> Turkey & Cheese or Ham & Cheese Sandwich Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Chips & Salsa	<b>11 Breakfast</b> Waffle or Granola Parfait w/ Fruit & <b>Lunch</b> Salisbury Steak w/ Green Beans Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Fruit & Cheese Stick	<b>12 Breakfast</b> Scrambled or HB Eggs w/ Toast, <b>Lunch</b> Hotdog w/ Green Salad Served with Fruits and Veggies Choice of Milk
<b>15 Breakfast</b> Goody Ring or Fruit Pie fruit, Juice & <b>Lunch</b> Lasagna Served with Fruits and Veggies Choice of Milk	<b>16 Breakfast</b> Cold Cereal, Fruit, Juice & Milk <b>Lunch</b> Chicken Tostada w/ chips & Salsa Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Milk & Muffin	<b>17 Breakfast</b> Fruit Pie or Dutch Waffle Fruit, Juice & <b>Lunch</b> Grilled Cheese w/ Tomato Soup Served with Fruits and Veggies Choice of Milk <b>Early out 1:00 PM</b>	Fall Break	Fall Break
<b>22 Breakfast</b> Muffin or B. Bread Fruit, Juice & Milk <b>Lunch</b> Ravioli w/ Marinara & Garlic Bread Served with Fruits and Veggies Choice of Milk	<b>23 Breakfast</b> Cold Cereal, Fruit, Juice & Milk <b>Lunch</b> Chicken or Cheese Enchilada Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Carrot Sticks & Juice	<b>24 Breakfast</b> Bagel w/ cream Cheese <b>Lunch</b> Chicken Bacon Malibu Sandwich Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Milk & Muffin	<b>25 Breakfast</b> French Toast or Pancake, Fruit, Juice & <b>Lunch</b> Monster Fries (Chili Fries) Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Uncrustable	<b>26 Breakfast</b> Breakfast Sandwich <b>Lunch</b> Bean & Cheese Burrito or Meat & Cheese Burrito Served with Fruits and Veggies Choice of Milk
<b>29 Breakfast</b> Fruit Pie or Dutch waffle, Fruit, Juice & <b>Lunch</b> Mozzarella Sticks w/ Cheesy Bread & Marinara Served with Fruits and Veggies Choice of Milk	<b>30 Breakfast</b> Cold Cereal, Fruit, Juice & Milk <b>Lunch</b> Fajita Chicken Tamale Pie Served with Fruits and Veggies Choice of Milk <b>Snack:</b> Uncrustable	<b>31 Breakfast</b> French "GH"oast's <b>Lunch</b> Franks Fingers (Hot dog w/ relish) Served with Fruits and Veggies Choice of Milk <b>Early out 1:00PM</b> 	Cost for breakfast for October is \$30  Cost for lunch for October is \$61 Per Student	<b>\$1.40 for Breakfast</b> <b>\$2.90 for Lunch</b> <b>\$4.75 for Adults</b> <b>Milk \$.50</b> <b>Juice \$.40</b> <b>After School Snack Free</b>